

Stroke Action Plan for Europe - National Coordinators Meeting 3-5 May 2026 | Maastricht, Netherlands

MONDAY, 4 MAY 2026

8:30-8:45 – **Plenary session**

Welcome and General overview: Status of SAP-E in Europe, goals and activities

Speaker: Francesca Pezzella

8:45-10:15 – **Plenary session**

Country presentations: Opportunities and challenges

Moderator: Aleš Tomek

Speakers: 1 delegate and 1 min per country

10:15-10:45 // Coffee break

10:45-11:05 – **Plenary session**

SST results and gaps in stroke care

Speaker: Hanne Christensen

11:05-12:05 – **Plenary session**

SAP-E Advocacy – From data to policy change

Moderators: Arlene Wilkie and Melinda Roaldsen

Speakers:

- Belgium - Sylvie de Raedt
- Austria - Wilfried Lang
- Italy - Andrea Vianello
- Slovakia - Zuzana Gdovinova

Discussion/Q&A with participants

12:05-13:30 // Lunch

13:30-14:30 – **Plenary session**

Addressing the growing burden of Stroke and CVDs in Europe

Moderators: Francesca Pezzella and Hanne Christensen

Speakers:

- Melinda Roaldsen: Update on the EU CVH Plan and Global Stroke Action Coalition
- Katherine de Bienassis, Health Policy Analyst, OECD
- Andrii Skipalskyi, Unit Lead, WHO Country Office in Ukraine

Discussion/Q&A with participants

14:30-15:00 // Group picture and Coffee break

15:00-16:30 – **Workshops**

Moderator: Björn Thorarinnsson (introduction, guidelines, expected outcome)

Group discussions:

- **Topic 1:** From fragmentation to continuity in the patient journey - Continuity in the chain of care, from acute care to rehabilitation and life after stroke
- **Topic 2:** Doing it right, just once - Ensuring optimal secondary prevention before discharge
- **Topic 3:** Ensuring equity in stroke care - Addressing social determinants of health, to improve access, implementation of SAP-E and good outcomes

16:30-17:00 - **Plenary session**

Conclusive remarks

Moderator: Björn Thorarinnsson

Speakers:

- Workshops: Feedback by group leaders
- Conclusive remarks of the day - Francesca Pezzella

**19:30 // Dinner at Restaurant De Mangerie,
Crowne Plaza Hotel in Maastricht**

TUESDAY, 5 MAY 2026 – JOINT SAP-E and ESO EAST

9:00-9:15 – **Plenary session**

A Capacity-Building Strategic And Collaborative Partnership - SAP-E & ESO EAST

Moderators: Francesca Pezzella and Cristina Tiu

Speakers:

- Francesca Pezzella, SAP-E Chair
- Cristina Tiu, ESO EAST Chair
- Natan Bornstein, Israel

9:15-10:35 – **Plenary Session**

From data to better recovery: Quality, Outcomes and Patient-centered innovation in Stroke Rehabilitation

Moderators: Natan Bornstein and Dorina Dobрева

Speakers:

- Real-time monitoring data to transform clinical practice - Cristina Tiu, Romania
- Meeting the need, how to build quality and outcome control in Rehabilitation registries - Birgit Hysse Forchhammer, Denmark
- PREMS and PROMS: the key to patient centered care - Maeva May, UK
- Motivation, dedication and service in implementing and improving care - Dorina Dobрева, Bulgaria

10:35-11:05 // Coffee break

11:05-12:05 – **Workshops**

Moderator: Aleš Tomek (introduction, guidelines, expected outcome)

Group discussions:

- **Topic 1:** Co-operation of professionals and SSO: What is the added value of SSO and good cooperation to improve the whole chain of care? Barriers to cooperation between professionals and SSO: how can they be tackled?
- **Topic 2:** Challenges in using Real-time monitoring of Rehabilitation, PREMs and PROMs. Foundation to truly achieve patient centered care
- **Topic 3:** How can we tackle the patchy registries. The importance of national coverage in quality registration to achieve equitable service

12:05-12:30 – Plenary Session

Joint wrap-up by SAP-E and ESO East Chairs - Going home with action points and further strategic cooperation

Moderators: Francesca Pezzella and Cristina Tiu

Speakers:

- Workshops: Feedback by group leaders
- Conclusive remarks by Francesca and Cristina